

## Corporate Services



# Coaching Sessions

Increase your confidence, stay motivated, achieve objectives, and navigate challenges with personalised coaching

## SWSLHD Coaching



6 week committment



3 hours of coaching



Opportunities for growth



Face to face



Reflective exercises



CONTACT BELOW FOR  
MORE INFORMATION

**Sabina Hussain**

[sabina.hussain@health.nsw.gov.au](mailto:sabina.hussain@health.nsw.gov.au)



**Health**

South Western Sydney  
Local Health District